

2022 Cascade Contra on the River Schedule

	Dances / Concerts	
Time	Willamalane Adult Activity Center	215 W. C St., Springfield OR 97477
Friday, October 14 Welcome to Contra Joy! Contra Rapture! Contra Therapy! Larks and Robins!		
6:00-7:30	Lobby: Dancer Check-in: Show your COVID test and Vax Card	
7:30-9:00	Contra Dance	The Syncopaths with Michael Karcher
9:00-9:30	BREAK	
9:30-10:30	Contra Dance	The Latter Day Lizards with Susan Michaels
Saturday, October 15 We are dancing with joy! And with masks!		
8:15-9:00	Dancer Check-in	
9:15-10:30	Contra Corners Gone Wild	The Syncopaths with Susan
10:45-12:00	Challenging Contras	The Latter Day Lizards with Michael
12:00-1:45	BREAK for LUNCH	
1:45-2:45	Transcendent Transitions	The Latter Day Lizards with Susan
3:00-4:00	Medley Mania	The Syncopaths with Michael
4:00-7:00	DINNER BREAK REFUEL AND REFRESH	
7:00-7:30	Concert	The Latter Day Lizards
7:30-9:00	Contra Dance	The Latter Day Lizards with Susan
9:00-9:30	BREAK	
9:30-10:30	Contra Dance	The Syncopaths with Michael
Sunday, October 16 Dancing is good for the body, mind and spirit!		
9:00	Building Open	
9:15-9:45	Waltzing	The Latter Day Lizards
10:00-11:45	Go With The Flow	The Latter Day Lizards with Michael
11:45-1:30	LUNCH BREAK	
1:30-2:00	Concert	The Syncopaths
2:00-3:00	Bitchin' Contras	The Syncopaths with Susan
3:00-4:00	Final Blast-Off with both bands and both callers LDL will need to leave at 4 on the dot.	
4:00-5:00	TAKE DOWN AND CLEAN UP – GOOD-BYE UNTIL NEXT YEAR!	