

2024 Cascade Contras on the River Schedule

Time	Willamalane Adult Activity Center	215 W. C St., Springfield OR 97477

Friday, September 27 Welcome to Contra Joy! Contra Rapture! Contra Therapy! Larks and Robins!

Time	Main Dance Hall	Side Room
6:00-7:30	Lobby: Dancer Check-in: Show your day of arrival COVID test	
7:30-8:45	Contra Dance Contra Sutra with Laurel Thomas	
8:45-9:15	BREAK	
9:15-10:30	Contra Dance The Engine Room with Cis Hinkle	

Saturday, September 28 We are dancing with joy!

Time	Main Dance Hall	Side Room
9:00-9:30	Dancer Check-in	
9:30-10:45	Go with the Flow Contra Sutra with Cis Hinkle	
11:00-12:15	Challenging Contras The Engine Room with Laurel Thomas	
12:15-2:00	BREAK for LUNCH	
2:00-3:15	Dancing Outside the Lines The Engine Room with Cis Hinkle	
3:30-4:45	Out on the Ocean Contra Sutra with Laurel Thomas	Old Time Jam (with Kelsey)
4:45-7:00	DINNER BREAK REFUEL AND REFRESH	
7:00-7:30	Concert The Engine Room	
7:30-8:45		
8:45-9:15	BREAK	
9:15-10:30		Pub Sing/Shanty Sing (with Alex)

Sunday, September 29 Dancing is good for the body, mind and spirit!

Time	Main Dance Hall	Side Room
9:00	The Building Opens	
9:15-10:10	Waltzing Workshop Joseph and Kaz with Recorded Music	
10:10-10:20	Waltzing The Engine Room	
10:30-12:00	Stray with Me The Engine Room with Laurel Thomas	
12:00-1:30	LUNCH BREAK	
1:30-2:00	Concert Contra Sutra	
2:00-3:30	Cis Hinkle's Favorites Contra Sutra with Cis Hinkle	
3:30-4:00	Final Blast-Off with both bands and both callers	
4:00-5:00	TAKE DOWN AND CLEAN UP & GOOD-BYE UNTIL NEXT YEAR	